

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 French Toast Bagel w/cream cheese & fruit	2 Banana Muffin w/fruit	3 Yogurt Parfait w/ Fresh Fruit & Granola
		Chicken Nachos with Cheddar Cheese w/Baked Tortilla Chips w/Salsa & Corn Fruit	Bean & Cheese Burrito w/garden salad, Tomatoes w/Cucumbers & Ranch fruit	Pasta w/Meat Sauce w/Broccoli Fruit
		Animal Cracker, Fruit, Milk/Water	Cereal, Fruit, Milk/Water	Edamame, Fruit, Milk/Water
6 Whole Grain Cereal w/ Fruit	7 Apple Cinnamon Muffin w/ Fruit	8 Cinnamon Bagel w/Cream Cheese & Fruit	9 Whole grain croissant w/jelly & fruit	10 Yogurt Parfait w/ Fresh Fruit & Granola
Jerk Chicken w/Brown Rice w/Carrots Fruit	Cheese Tortellini w/Garden Salad, Carrots & French Fruit	BBQ Chicken Sandwich w/Whole Wheat Hamburger Bun w/Mixed Vegetables Fruit	Shepherd's Pie w/Garden Salad, Tomatoes w/Cucumbers & Ranch Fruit	Baked Crispy Chicken w/Yellow Rice w/Green Beans Fruit
Yogurt, Fruit, Water	Sweet Potatoes, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water	Oatmeal, Fruit, Milk/Water	Gold Fish , Fruit, Milk/Water
13 Whole Grain Cereal w/ Fruit	14 Blueberry muffin w/ Fruit	15 Honey Oat Bagel w/cream cheese & fruit	16 Whole grain croissant w/jelly & fruit	17 St. patrick's Day (Professional Development Day) No School
Hamburger w/ketchup on whole wheat bun w/ Roasted Sweet Potato Fruit	Chicken & Broccoli Alfredo w/whole Grain Rotini Pasta w/Garden Salad, Carrots & French Fruit	Macaroni & Cheese w/Mixed Vegetables Fruit	Rosemary Chicken w/Brown Rice w/Garden Salad, Tomatoes Fruit	
Animal Cracker, Fruit, Milk/Water	Yogurt, Fruit, Water	Cereal, Fruit, Milk/Water	Pancake, Fruit, Milk/Water	
20 Whole Grain Cereal w/ Fruit	21 Banana Bread w/Fruit	22 French Toast Bagel w/cream cheese & fruit	23 Whole grain croissant w/jelly & fruit	24 Yogurt Parfait w/ Fresh Fruit & Granola
Beef & Bean Burrito w/Corn Fruit	Whole Grain Chicken Nuggets w/BBQ Dipping Sauce w/Garden Salad, Carrots & French Fruit	Meatballs w/Marinara w/Whole Grain Rotini Pasta w/Green Beans Fruit	Roast Chicken w/ Gravy w/Wheat Roll w/Garden Salad & Tomatoes Fruit	Cheesy Lasagna w/ Carrots Fruit
Pancake, Fruit, Milk/Water	Cereal, Fruit, Milk/Water	Yogurt, Fruit, Water	Animal Cracker, Fruit, Milk/Water	Gold Fish , Fruit, Milk/Water
27 Whole Grain Cereal w/ Fruit	28 Apple Cinnamon Muffin w/ Fruit	29 Cinnamon Bagel w/Cream Cheese & Fruit	30 Whole grain croissant w/jelly & fruit	31 Yogurt Parfait w/ Fresh Fruit & Granola
Chicken Parmesan w/Whole Grain Pasta w/Carrots Fruit	Pasta w/Meat Sauce w/Garden Salad, Carrots & French Dressing Fruit	Chicken Teriyaki w/Brown Rice w/Mixed Vegetables Fruit	Roast Turkey w/ Gravy w/Rice Pilaf w/Garden Salad & Tomatoes, Cucumbers & Ranch Fruit	Caribbean Chicken w/Brown Rice w/Broccoli Fruit
Yogurt, Fruit, Water	Gold Fish , Fruit, Milk/Water	Cereal, Fruit, Milk/Water	Edamame, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water
				Notes: Breakfast Lunch Snack